



GENERAL SCIENCE

CH: 7 THE FOOD WE EAT

Name: _____ Date: _____ Class: III Sec: ____

I Fill in the blanks:

1. All _____ need food and water to live.
2. We should eat food at the _____ time.
3. The food we eat and water we drink should be _____
4. The body needs _____ to grow , work and remain healthy.
5. The _____ help us to grow.
6. Food contains substances called _____.
7. All food items cannot be eaten _____
8. _____ makes food soft and easy to digest.
9. Cooked food _____ and _____ good.
10. Water keeps the blood _____
11. Water helps the kidneys clean _____
12. We must drink enough water to keep our body _____

II Define the following:

1. Balanced diet:

2. _____

III Answer the following:

1. Why does our body needs different kinds of food?

a. _____

b. _____

c. _____

2. Why do we need water?

4.



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5. Creeper : _____, _____

IV State 'True ' or 'False'

- 1 Most fruits have seeds. _____ -
- 2 Bees collect nectar from the flowers and convert into honey. _____
- 3 Flowers make food for the plants. _____
- 4 All the fruits have only one seed. _____
5. Seeds give rise to fruits. _____
- 6 Stem holds the plant firmly in the soil. _____
- 7 We can identify a plant by its leaves. _____
- 8 The part of the plant that grows above the soil is called stem. _____
9. The stem carries food made the leaves to all the other parts. _____ -
10. A tomato plant is a shrub. _____

V Draw and label the parts of a plant